

# St. John's Senior School



**Subject: Physical Education**

**Form: 5<sup>th</sup>**

**Term: Autumn 2019**

<b>WEEK</b>	<b>TOPIC</b>
1	Patterns of social groups Characteristics of skill
2	Factors affecting participation Characteristics of skill
3	Involvement in sport Goal setting
4	Influence of media and sponsorship Performance and outcome goals
5	Ethics and sport Mental preparation
6	<b>MINI - TEST</b>
7	Ethics and Sport Types of guidance
8	Drugs and violence in sport
9	Feedback
10	Chapter 3 end of topic test
11	Analysis of performance intro
12	Revision
13	<b>END OF TERM EXAM</b>
14	Fitness testing for AEP

## St. John's Senior School



**Subject: Physical Education**

**Form: 5<sup>th</sup>  
Term: Spring 2020**

<b>WEEK</b>	<b>TOPIC</b>
15	MOCK EXAM
16	Analysis of performance
17	Analysis of performance
18	Analysis of performance
19	Analysis of performance
20	Analysis of performance
21	Analysis of performance
22	Analysis of performance
23	Analysis of performance
24	Analysis of performance
25	Revision Component 1
26	Revision Component 2

# St John's Senior School



**Subject: Physical Education**

**Form: 5<sup>th</sup>  
Term: Summer 2020**

WEEK	TOPIC
27	Revision Component 3
28	
29	
30	
31	
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