

St. John's Senior School

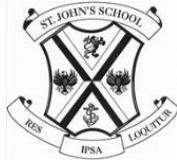


Subject: P.E. (Tennis)

Form: 3rd& 4th form

Term: Spring

WEEK	TOPIC
21	Forehand practice
22	Backhand
23	Rally development
24	Approaching the net
25	Building a point and hitting into space
26	Serving
27	Returning serve
28	Positioning
29	Doubles play
30	Rules of singles and doubles
31	Net play
32	Topspin
33	Slice
34	Varying serves
35	Game play



Subject: P.E. (Tennis)

Form: 1st & 2nd

Term: Summer

WEEK	TOPIC
27	Introduction to ball control
28	Forehand practice
29	Backhand
30	Positioning
31	Rallying
32	Approaching the net
33	Building a point and hitting into space
34	Serving
35	Returning serve