

St John's Senior School



Subject: Boys P.E. (Basketball)

Form: 3rd & 4th form

Term: Spring

| WEEK | TOPIC |
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| 15 | Dribbling and passing. |
| 16 | Shooting – lay-up and set shot. |
| 17 | Shooting – jump shot. |
| 18 | Getting free for the ball to shoot. |
| 19 | Defence – shadowing. |
| 20 | Zone Defence. |
| 21 | Attacking a zone defence. |
| 22 | Screening and boxing out. |
| 23 | Skills circuit |
| 24+25 | Game play and assessment. |
| 26 | Mini Olympics event (a house competition where all pupils will take part in an Olympic sport in an attempt to win a medal and contribute towards their house) |