

St. John's Senior School



Subject: Physical Education

Form: 5th

Term: Autumn 2020

WEEK	TOPIC
1	Patterns of social groups Characteristics of skill
2	Factors affecting participation Characteristics of skill
3	Involvement in sport Goal setting
4	Influence of media and sponsorship Performance and outcome goals
5	Ethics and sport Mental preparation
6	MINI - TEST
7	Ethics and Sport Types of guidance
8	Drugs and violence in sport
9	Feedback
10	Chapter 3 end of topic test
11	Analysis of performance intro
12	END OF TERM EXAM
13	Fitness testing for AEP

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Subject: Physical Education

**Form: 5th
Term: Spring 2021**

WEEK	TOPIC
14	MOCK EXAM
15	Analysis of performance
16	Analysis of performance
17	Analysis of performance
18	Analysis of performance
19	Analysis of performance
20	Analysis of performance
21	Analysis of performance
22	Analysis of performance
23	Analysis of performance
24	Revision Component 1
25	Revision Component 2

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Term: Summer 2021

WEEK	TOPIC
26	Revision Component 3
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