

St John's Senior School



Subject: P.E. Boys (Badminton)

Form: 3rd form

Term: Winter

WEEK	TOPIC
9	Recap safety and set up. Grip, stance (home position) and movement.
10	Long and short serve.
11	Returning serve (net and overhead clear)
12	Outwitting opponents (smash and drop shot).
13	Double's – rules and tactic