

St John's Senior School



Subject: Boys P.E. (Basketball)

Form: 3rd & 4th form

Term: Spring

WEEK	TOPIC
14	Dribbling and passing.
15	Shooting – lay-up and set shot.
16	Shooting – jump shot.
17	Getting free for the ball to shoot.
18	Defence – shadowing.
19	Zone Defence.
20	Attacking a zone defence.
21	Screening and boxing out.
22	Skills circuit
23	Game play and assessment.
24	Game play