

# St John's Senior School



**Subject: Boys P.E. (Football)**

**Form: 2<sup>nd</sup> form**

**Term: Autumn**

| WEEK | TOPIC   |
|------|---|
| 2    | Dribbling and passing.  |
| 3    | Control – on the ground and in the air (volleys and headers). |
| 4    | Shooting – one on one and long distance.                      |
| 5    | One touch, pass, shoot, dribble.                              |
| 6    | Possession play half pitch.                                   |
| 7    | Tactics – tactical awareness in defence and attack.           |
| 8    | Game play and assessment.                                     |