

St John's Senior School



Subject: Boys P.E. (Football)

Form: 3rd form

Term: Autumn

WEEK	TOPIC
1	Dribbling and passing.
2	Control – on the ground and in the air (volleys and headers).
3	Shooting – one on one and long distance.
4	Attacking play and wide play – crossing.
5	Defence – defending in a line and set pieces
6	Tactics – tactical awareness in defence and attack.
7	Game play and assessment.
8	Game play and assessment.