

St. John's Senior School



Subject: P.S.H.C.E.

Teacher: Miss McManus

Form: 1st

Term: Autumn 2022

WEEK	WEEK BEGINNING	TOPIC: Health & wellbeing - Transitions and Personal Safety
1	5 th September	Introducing PSHCE : Transition to secondary school
2	12 th September	Transition to secondary school continued
3	19 th September	Personal safety in and outside school
4	26 th September	Harvest Festival Personal safety in and outside school continued
5	3 rd October	Black History Month and Mini- Test Week
6	10 th October	Basic first aid
7	17 th October	Diwali Basic first aid continued
HALF - TERM		
WEEK	WEEK BEGINNING	TOPIC: Living in the wider world - Developing skills and aspirations
8	31 st October	How to identify your strengths and weaknesses
9	7 th November	SMART targets
10	14 th November	Anti-bullying week and End of Term Examinations
11	21 st November	Careers, teamwork and enterprise skills
12	28 th November	Careers, teamwork and enterprise skills continued
13	5 th December	Hanukkah

St. John's Senior School



Subject: P.S.H.C.E.

Teacher: Miss McManus

Form: 1st

Term: Spring 2023

WEEK	WEEK BEGINNING	TOPIC: Relationships - Diversity, prejudice and bullying
1	4 th January (Wednesday)	Similarities, difference and diversity
2	9 th January	Similarities, difference and diversity continued The impact of stereotyping, prejudice and discrimination
3	16 th January	Chinese New Year The impact of stereotyping, prejudice and discrimination continued
4	23 rd January	Mini-Test Week
5	30 th January	The need to promote inclusion and challenge discrimination
6	6 th February	The need to promote inclusion and challenge discrimination continued
HALF - TERM		
WEEK	WEEK BEGINNING	TOPIC: Health & wellbeing - Health and puberty
7	20 th February	Healthy routines including sleep and work-life balance
8	27 th February	Influences on health including diet, personal hygiene and exercise
9	6 th March	Influences on health including diet, personal hygiene and exercise continued
10	13 th March	Puberty
11	20 th March	FGM

--	--	--

St. John's Senior School



Subject: P.S.H.C.E.
Teacher: Miss McManus

Form: First
Term: Summer 2023

WEEK	WEEK BEGINNING	TOPIC: Relationships - Building relationships
1	18 th April (Tuesday)	Eid al-Fitr Self-worth, recognising and valuing personal strengths and building self-esteem
2	24 th April	Types of relationship, including romantic
3	1 st May	Qualities and behaviours relating to different types of positive relationships
4	8 th May	Mental Health Awareness Week Recognising unhealthy relationships and bullying (including online)
5	15 th May	Communicating and active listening
6	22 nd May	Relationship boundaries: introducing consent and body boundaries
HALF - TERM		
WEEK	WEEK BEGINNING	TOPIC: Living in the wider world - Financial decision making
7	5 th June	End of Year Examinations
8	12 th June	How to making safe financial choices
9	19 th June	Ethical and unethical business practices and consumerism
10	26 th June	Saving, borrowing, budgeting
11	3 rd July	Reflections on 1st Year and planning for 2nd Year