

St. John's Senior School



Subject: PSHE
Teacher: Mrs Brooker

Form: 1st form
Term: Autumn 2025

WEEK	WEEK BEGINNING	TOPIC
1	8 th September	<ul style="list-style-type: none">Settling into a new school/ Making new friends/ how to cope with change.
2	15 th September	<ul style="list-style-type: none">Making a new start, wishes and aspirations
3	22 nd September	<ul style="list-style-type: none">Friendships
4	29 th September	<ul style="list-style-type: none">Positive Friendships
5	6 th October	<ul style="list-style-type: none">Anti-Bullying
6	13 th October	<ul style="list-style-type: none">Showing respect to ourselves and each other
7	20 th October	<ul style="list-style-type: none">Personal Hygiene / pricing products
HALF - TERM		
8	3 rd November	<ul style="list-style-type: none">Growing up- puberty and changes in our bodies
9	10 th November	<ul style="list-style-type: none">Mental Health and Well Being
10	17 th November	<ul style="list-style-type: none">Respect
11	24 th November	<ul style="list-style-type: none">Maintaining genuine friendships
12	1 st December	<ul style="list-style-type: none">What makes me happy
13	8 th December	<ul style="list-style-type: none">Christmas Quiz

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WEEK	WEEK BEGINNING	TOPIC
1	6 th January	<ul style="list-style-type: none"> New Years resolution and a new you
2	12 th January	<ul style="list-style-type: none"> Heroes
3	19 th January	<ul style="list-style-type: none"> Banter Vs Bullying
4	26 th January	<ul style="list-style-type: none"> Social media and how are bodies are portrayed
5	2 nd February	<ul style="list-style-type: none"> Selfie Obsessed
6	9 th February	<ul style="list-style-type: none"> Self esteem and how we build this up
HALF - TERM		
7	23 rd February	<ul style="list-style-type: none"> Pressure influence and friends
8	2 nd March	<ul style="list-style-type: none"> From failure comes success
9	9 th March	<ul style="list-style-type: none"> Multicultural Britain
10	16 th March	<ul style="list-style-type: none"> Young people and the law
11	23 rd March	<ul style="list-style-type: none"> Easter Quiz

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WEEK	WEEK BEGINNING	TOPIC
1	20 th April	<ul style="list-style-type: none">Instagram vs Tik Tok- the reality of social media platforms and keeping safe.
2	27 th April	<ul style="list-style-type: none">How to revise effectively
3	5 th May (Tuesday)	<ul style="list-style-type: none">Body image and self esteem
4	11 th May	<ul style="list-style-type: none">Hate crimes in the UK
5	18 th May	<ul style="list-style-type: none">Smartphone addiction
HALF - TERM		
6	1 st June	<ul style="list-style-type: none">How to keep good mental health and a positive body image
7	8 th June	<ul style="list-style-type: none">Cyber bullying
8	15 th June	<ul style="list-style-type: none">Artificial intelligence
9	22 nd June	<ul style="list-style-type: none">Room 101
10	29 th June	<ul style="list-style-type: none">The great summer debate
11	6 th July	<ul style="list-style-type: none">Summer Quiz