

St. John's Senior School



Subject: PSHE
Teacher: Mrs Brooker

Form: 2nd form
Term: Autumn 2025

WEEK	WEEK BEGINNING	TOPIC
1	8 th September	<ul style="list-style-type: none"> • Careers and skills for life-Motivation and work ethic challenging yourself
2	15 th September	<ul style="list-style-type: none"> • Digital Resilience Part 1
3	22 nd September	<ul style="list-style-type: none"> • Media Literacy and digital resilience Part 2
4	29 th September	<ul style="list-style-type: none"> • Become and internet citizen
5	6 th October	<ul style="list-style-type: none"> • Keeping your data safe & the dark web
6	13 th October	<ul style="list-style-type: none"> • Promoting emotional Wellbeing
7	20 th October	<ul style="list-style-type: none"> • Dealing with stress and anxiety
HALF - TERM		
8	3 rd November	<ul style="list-style-type: none"> • Masculinity VS Misogyny
9	10 th November	<ul style="list-style-type: none"> • Mutual respect and tolerance
10	17 th November	<ul style="list-style-type: none"> • Respect and relationships
11	24 th November	<ul style="list-style-type: none"> • Challenging yourself
12	1 st December	<ul style="list-style-type: none"> • Bullying and conflict
13	8 th December	<ul style="list-style-type: none"> • Christmas Quiz

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WEEK	WEEK BEGINNING	TOPIC
1	6 th January	<ul style="list-style-type: none"> • New Years resolution and a new you
2	12 th January	<ul style="list-style-type: none"> • What are emotions and how do we manage and regulate them
3	19 th January	<ul style="list-style-type: none"> • Herd Mentality
4	26 th January	<ul style="list-style-type: none"> • Sexism and prejudice
5	2 nd February	<ul style="list-style-type: none"> • Memories
6	9 th February	<ul style="list-style-type: none"> • County Lines
HALF - TERM		
7	23 rd February	<ul style="list-style-type: none"> • Growth Mindset
8	2 nd March	<ul style="list-style-type: none"> • Anti-Social Behaviour
9	9 th March	<ul style="list-style-type: none"> • The effect of social media on our relationships and families
10	16 th March	<ul style="list-style-type: none"> • Discrimination
11	23 rd March	<ul style="list-style-type: none"> • Easter Quiz

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WEEK	WEEK BEGINNING	TOPIC
1	20 th April	<ul style="list-style-type: none"> • How to revise effectively
2	27 th April	<ul style="list-style-type: none"> • Screen time and the effects
3	5 th May (Tuesday)	<ul style="list-style-type: none"> • Why do we need self-esteem and how do we build this up?
4	11 th May	<ul style="list-style-type: none"> • Smartphone addiction
5	18 th May	<ul style="list-style-type: none"> • The impact of vaping
HALF - TERM		
6	1 st June	<ul style="list-style-type: none"> • How accurate is the media in portraying sexuality and relationships
7	8 th June	<ul style="list-style-type: none"> • Role Models
8	15 th June	<ul style="list-style-type: none"> • Social media- The pressures of life online and keeping up
9	22 nd June	<ul style="list-style-type: none"> • Time management/ Anxiety
10	29 th June	<ul style="list-style-type: none"> • Keeping safe over the holidays. Keeping safe when your routine changes
11	6 th July	<ul style="list-style-type: none"> • Summer Quiz