

# St. John's Senior School



**Subject: PSHE**  
**Teacher: Mrs Brooker**

**Form: 3<sup>rd</sup> form**  
**Term: Autumn 2025**

WEEK	WEEK BEGINNING	TOPIC
1	8 <sup>th</sup> September	<ul style="list-style-type: none"> <li>• New start and expectations for Year 9 and GCSE, sleep and mental health</li> </ul>
2	15 <sup>th</sup> September	<ul style="list-style-type: none"> <li>• AI</li> </ul>
3	22 <sup>nd</sup> September	<ul style="list-style-type: none"> <li>• Screen time</li> </ul>
4	29 <sup>th</sup> September	<ul style="list-style-type: none"> <li>• Smartphone and device addiction</li> </ul>
5	6 <sup>th</sup> October	<ul style="list-style-type: none"> <li>• Body Image a social media</li> </ul>
6	13 <sup>th</sup> October	<ul style="list-style-type: none"> <li>• Cancel Culture</li> </ul>
7	20 <sup>th</sup> October	<ul style="list-style-type: none"> <li>• Insta Vs Tik Tok- the reality of social media platforms and keeping safe.</li> </ul>
<b>HALF - TERM</b>		
8	3 <sup>rd</sup> November	<ul style="list-style-type: none"> <li>• Developing your interpersonal skills and mindsets</li> </ul>
9	10 <sup>th</sup> November	<ul style="list-style-type: none"> <li>• Fake News- How can you identify it</li> </ul>
10	17 <sup>th</sup> November	<ul style="list-style-type: none"> <li>• Developing online presence and personal branding</li> </ul>
11	24 <sup>th</sup> November	<ul style="list-style-type: none"> <li>• Plagiarism and the use of Chat GTP</li> </ul>
12	1 <sup>st</sup> December	<ul style="list-style-type: none"> <li>• Improve performance, managing stress and well being</li> </ul>
13	8 <sup>th</sup> December	<ul style="list-style-type: none"> <li>• Christmas Quiz</li> </ul>

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**Term: Spring 2026**

WEEK	WEEK BEGINNING	TOPIC
1	6 <sup>th</sup> January	<ul style="list-style-type: none"> <li>• New Years resolution and a new you</li> </ul>
2	12 <sup>th</sup> January	<ul style="list-style-type: none"> <li>• How to revise and develop good study habits and learning style's part 1</li> </ul>
3	19 <sup>th</sup> January	<ul style="list-style-type: none"> <li>• How to revise and develop good study habits and learning style's part 2</li> </ul>
4	26 <sup>th</sup> January	<ul style="list-style-type: none"> <li>• What is intelligence and how can we maximise it.</li> </ul>
5	2 <sup>nd</sup> February	<ul style="list-style-type: none"> <li>• Time management</li> </ul>
6	9 <sup>th</sup> February	<ul style="list-style-type: none"> <li>• Post Brexit Britain</li> </ul>
<b>HALF - TERM</b>		
7	23 <sup>rd</sup> February	<ul style="list-style-type: none"> <li>• Exploring British values</li> </ul>
8	2 <sup>nd</sup> March	<ul style="list-style-type: none"> <li>• Gaslighting</li> </ul>
9	9 <sup>th</sup> March	<ul style="list-style-type: none"> <li>• Choosing your GCSE Options</li> </ul>
10	16 <sup>th</sup> March	<ul style="list-style-type: none"> <li>• How well do you know about the world of money?</li> </ul>
11	23 <sup>rd</sup> March	<ul style="list-style-type: none"> <li>• Easter Quiz</li> </ul>

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**Term: Summer 2026**

WEEK	WEEK BEGINNING	TOPIC
1	20 <sup>th</sup> April	<ul style="list-style-type: none"> <li>How to revise effectively</li> </ul>
2	27 <sup>th</sup> April	<ul style="list-style-type: none"> <li>Consequences of casual relationships</li> </ul>
3	5 <sup>th</sup> May (Tuesday)	<ul style="list-style-type: none"> <li>Peer on peer/child on child abuse- safeguarding</li> </ul>
4	11 <sup>th</sup> May	<ul style="list-style-type: none"> <li>The impact of vaping</li> </ul>
5	18 <sup>th</sup> May	<ul style="list-style-type: none"> <li>Having good character</li> </ul>
<b>HALF - TERM</b>		
6	1 <sup>st</sup> June	<ul style="list-style-type: none"> <li>The impact of economic recession</li> </ul>
7	8 <sup>th</sup> June	<ul style="list-style-type: none"> <li>Being a creative problem solver</li> </ul>
8	15 <sup>th</sup> June	<ul style="list-style-type: none"> <li>How does the law deal with young offenders?</li> </ul>
9	22 <sup>nd</sup> June	<ul style="list-style-type: none"> <li>Aspirations and getting ready for KS4</li> </ul>
10	29 <sup>th</sup> June	<ul style="list-style-type: none"> <li>The great summer debate</li> </ul>
11	6 <sup>th</sup> July	<ul style="list-style-type: none"> <li>Summer Quiz</li> </ul>