

St. John's Senior School



Subject: PSHE/Careers
Teacher: Mrs. Zaman/Dr. Faki

Form: Lower sixth
Term: Autumn 2025

WEEK	WEEK BEGINNING	Autumn 1
PSCHE, Careers and Assembly		
1	8 th September	● Assembly: Planning for the year ahead (life skills)
2	15 th September	● Staying safe: recognising harassment and abuse (well-being)
3	22 nd September	● Careers: Preparing for Personal Guidance 1:1 (life skills)
4	29 th September	● Understanding cultural identity and competency (diversity and racism: inclusion)
5	6 th October	● Careers: Post 18 Choices (Life Skills)
6	13 th October	● Making choices about your sexual health (Relationships)
7	20 th October	● Careers: Setting Career Goals (Life Skills)
Autumn 2		
PSCHE, Careers and Assembly		
8	3 rd November	● Assembly: Values of the School (Citizenship)
9	10 th November	● Body Enhancement (well-being)
10	17 th November	● Careers: How to network and be enterprising (Life Skills)
11	24 th November	● Acknowledging Skills and Assets (Wellbeing)
12	1 st December	● Careers: What makes an employer 'good' to work for (Life Skills)
13	8 th December	● Respectful Relationship: Trist and Intimacy (Relationships)

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Term: Spring 2026

WEEK	WEEK BEGINNING	Spring 1
PSCHE, Careers and Assembly		
1	6 th January	<ul style="list-style-type: none"> Assembly: British Values
2	12 th January	<ul style="list-style-type: none"> Careers: Balancing life, wellbeing and work (Well-being)
3	19 th January	<ul style="list-style-type: none"> Respectful Relationships: Ending Relationships (Relationships)
4	26 th January	<ul style="list-style-type: none"> Careers: Using the Interest Profile (Life Skills)
5	2 nd February	<ul style="list-style-type: none"> Staying safe: Exiting Aggressive and Social Situations (Life Skills)
6	9 th February	<ul style="list-style-type: none"> Careers: Using the Personality Profile (Life Skills)
Spring 2		
PSCHE, Careers and Assembly		
7	23 rd February	<ul style="list-style-type: none"> Staying Safe: Protecting your Finances (Life Skills)
8	2 nd March	<ul style="list-style-type: none"> Careers: Using the Work environment Profile (Life Skills)
9	9 th March	<ul style="list-style-type: none"> Staying safe: Dangerous and emergency situations (Life Skills)
10	16 th March	<ul style="list-style-type: none"> Careers: Using the Skills Profile Part 1 (Life Skills)
11	23 rd March	<ul style="list-style-type: none"> Assembly: Staying Motivated

St. John's Senior School



Subject: PSHE
Teacher: Mrs Restivo

Form: 4th Form
Term: Summer 2026

WEEK	WEEK BEGINNING	Summer 1
1	20 th April	<ul style="list-style-type: none"> • Staying Safe: Alcohol and Binge Drinking (Health)
2	27 th April	<ul style="list-style-type: none"> • Careers: Using the Skills Profile Part 2 (Life Skills)
3	5 th May (Tuesday)	<ul style="list-style-type: none"> • Staying safe: Setting boundaries Online (Online Safety)
4	11 th May	<ul style="list-style-type: none"> • Careers: Reflecting on your Psychometric Test Results (Life Skills)
5	18 th May	<ul style="list-style-type: none"> • Assembly: Coping with Exams
Summer 2		
6	1 st June	<ul style="list-style-type: none"> • Careers: MOOCS
7	8 th June	<ul style="list-style-type: none"> • Personal Statement Workshop
8	15 th June	<ul style="list-style-type: none"> • Unifrog: Mooc/Personal Statement
9	22 nd June	<ul style="list-style-type: none"> • Unifrog: Mooc/Personal Statement
10	29 th June	<ul style="list-style-type: none"> • Unifrog: Mooc/Personal Statement
11	6 th July	<ul style="list-style-type: none"> • Assembly: Celebrations